

This Page:

**A (Not So) Brief Defense  
Christianity**

- | **The Resurrection of  
Christ an Historical Fact**

## **Mind Games Survival Course Manual**



Table of Contents

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# **A (Not So) Brief Defense of Christianity**

**Jimmy Williams**

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## **X. The Resurrection of Jesus Christ is a Historical Fact**

There are really two points that we must prove in order to demonstrate the truth of the resurrection of Jesus Christ. First, the tomb of Jesus Christ was found empty on the third day after His death. Second, the tomb was empty because Jesus was alive.

### **A. The tomb of Jesus Christ was found empty on the third day.**

Many people have denied that Jesus' tomb was found empty on the third day after His death, but their reasons have generally been theological or philosophical. It's extremely difficult to argue against the empty tomb on the basis of historical evidence. Here are some historical facts that support the idea that Jesus' body was no longer in the grave.

1. Christians have argued that the tomb was empty on the third day since the beginning.

It usually takes at least two generations for false legends to develop, for the simple reason that it takes about that long for those witnesses who might contradict the tale to die off. By all accounts, however, the followers of Jesus began proclaiming *right away* that he had been raised from the dead.

The books of the New Testament were written early enough that eyewitnesses could have still contradicted them, and those books at times reveal oral traditions (in the form of early creeds, songs, or sayings) that show the church's belief in the resurrection to be even older. There does not appear to have been sufficient time for a legendary account to have developed the resurrection was talked about immediately after the death of Christ.

2. Even the opponents of Christianity believed that the tomb was empty.

If Jesus' body had still been in the tomb, it would have been pretty easy for the opponents of Christianity to discredit the resurrection. They could have simply produced the corpse, paraded it around town, and put an end to any further speculation. Why didn't they do it? Because the body wasn't there.

The Gospel of Matthew records one of the arguments that the religious leaders of the day used to explain the fact of the empty tomb. Apparently the story was widely spread among the Jews that the disciples had stolen the body from the tomb while the guards were sleeping (Matt, 28:13-15). They did not deny that the tomb was empty. They simply offered another explanation for the disappearance of the body!

Some may suggest that the body of Jesus was never buried in a recognizable tomb, and that the opponents of Christianity simply were unable to locate the corpse when Jesus' disciples began talking about the resurrection. However, the earliest historical accounts maintain that He was placed in the tomb of Joseph of Arimathea, a wealthy member of the Sanhedrin. There is no reason to question the credibility of this testimony, which is very ancient and contains a number of specific details. As Craig writes,

"Even the most skeptical scholars acknowledge that Joseph was probably the genuine, historical individual who buried Jesus, since it is unlikely that early Christian believers would invent an individual, give him a name and nearby town of origin, and place that fictional character on the historical council of the Sanhedrin, whose members were well known."

Jesus *was* buried in a known tomb, but the tomb was empty the third day. This is a fact that even the opponents of Christianity recognized, and it's one that Christians can appeal to in their arguments for the gospel (Acts 26:26).

3. If the tomb had not been empty, it probably would have been treated as a shrine.

It was common in first-century Judaism to regard the graves of holy men as shrines, but there is absolutely no suggestion that the grave of Jesus was ever treated in that way. His followers did not come back again and again to the place to worship, nor did they treat it with any special esteem. There was no reason to, because there was nothing inside.

4. If the tomb was occupied, what would make the disciples of Jesus risk their lives by saying that it was empty?

Jesus' followers clearly believed His tomb was empty, for they were persecuted from the very beginning for their testimony to that effect. That doesn't prove that what they said was true, but it does strongly suggest that they believed what they said. People have died for lies, but only because they believed them.

What would make the followers of Jesus believe that His tomb was empty? Their own writings state that they believed it because they went to see the tomb and found that His body was no longer there. They did what you and I would do. They checked it out, and it was empty.

B. The tomb of Jesus was empty because He had been resurrected from the dead.

There is very little question that the tomb of Jesus was found empty on the third day after His death. This is a fact that was widely proclaimed at a time when it would have been easily discredited had it not been true. Even the opponents of Christianity agreed that the tomb was empty, and therein lies the crux of our next problem.

Given that the tomb was empty, what happened to the body of Jesus? There have been several suggestions, only one of which can be true.

1. Did the disciples steal the body?

As noted above, this was one of the earliest skeptical explanations for the empty tomb. It may be early, but it isn't very credible.

For the disciples to steal the body, they would have had to overcome guards who were stationed there specifically to prevent its theft. At the same time, they would have had to manifest a tremendous amount of courage, which is some thing they apparently did not have when they fled the night Jesus was arrested.

If the disciples had stolen the body, they obviously would have known that the resurrection had not really taken place. The fact that these men suffered in life and were then killed for their faith in the resurrection strongly suggests that they believed it really happened. They did not give their lives for what they knew was a lie. The disciples did not steal the body of Jesus.

2. Were the disciples deceived?

Some have suggested that the disciples really did believe in the resurrection, but that they were deceived by hallucinations or religious hysteria. This would be possible if only one or two persons were involved, but He was seen alive after His death by groups of people who touched Him, ate with Him, and conversed with Him. Even more to the point, the tomb really was empty! If the disciples didn't steal it, even if they did only imagine that they had seen it, what happened to the body of Jesus?

3. Did the Jewish leaders take it?

If the Jewish leaders had taken the body of Jesus, they would have certainly produced it in order to refute the idea that He had been raised from the dead. They never did that, because they didn't have the body.

4. Did Jesus really die?

When left with no other credible option, some have suggested that Jesus did not really die, that He only appeared to be dead, was revived, and then appeared to the disciples. This makes a mockery out of the sufferings of the cross, suggesting that a beaten and crucified man could force his way out of a guarded tomb. At the same time, it portrays Jesus as the sort of person who would willingly deceive his disciples, carrying off the greatest hoax of all time. That the disciples would believe Him to be resurrected in triumph over death would be even more surprising if He was in fact on the edge of death after a severe beating.

Jesus was truly killed, He was actually buried, and yet His grave was empty. Why? It is extremely unlikely that anybody took the body, but Jesus' disciples offered another explanation.

5. Jesus was raised from the dead.



Since the other explanations do not adequately explain the fact of the empty tomb, we have reason to consider more seriously the testimony of those who claimed to be eyewitnesses.

The followers of Jesus said that the tomb was empty because Jesus had been raised from the dead, and many people claimed to have seen Him after the resurrection. In 1 Corinthians 15, Paul identifies a number of individuals who witnessed the resurrected Christ, noting also that Christ had appeared to over five hundred persons at one time (v. 6). He tells his readers that most of those people were still alive, essentially challenging them to check out the story with those who claimed to be eyewitnesses. The presence of such eyewitnesses prevented Paul and others from turning history into legend.

Alternative explanations are inadequate, and eyewitnesses were put to death because they continued to maintain that Jesus had been raised from the dead. Christianity exists because these people truly believed in the resurrection, and their testimony continues to be the most reasonable explanation for the empty tomb of Jesus Christ.

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 [Table of Contents](#) 



[Return to](#)  [Probe Home](#)